

MARKET AT A GLANCE

Tuesday, 21 July 2026



Indices Update

Indices	Rate	% Chg
Dow Jones	51839.26	-0.59
Shanghai	3812.16	0.42
Sensex	77708.52	-0.57
MSCI Asia Pacific	260.718	-0.17

Currencies

Currencies	Rate	% Chg
USDINR	96.44	0.17
EURUSD	1.1415	0.01
USDJPY	162.48	-0.01
Dollar Index	100.968	0.02

International Market Rates

Commodities	Rate	% Chg
Gold (\$/oz)	4030.20	0.36
Silver (\$/oz)	56.99	0.20
NYMEX Crude Oil (\$/bbl)	82.98	-0.30
NYMEX NG (\$/mmbtu)	2.847	-0.45
LME Copper (\$/T)	13622	-0.05
LME NICKEL (\$/T)	16929	0.50
LME LEAD (\$/T)	1882	0.27
LME ZINC (\$/T)	3524	0.26
LME ALUMINIUM (\$/T)	3147	0.33

Previous day's closing

Expected Opening In MCX

Commodities	Rate	% Chg
Gold mini	141420	0.06
Silver mini	223579	0.92
Crude oil	8003	0.12
Natural Gas	275.3	0.24
Copper	1316	0.14
Nickel	1648.50	0.75
Lead	199.80	0.50
Zinc	371.70	-0.49
Aluminium	341.50	0.14

Intraday Technical Outlook

Instruments	Technical Commentary	Outlook
Gold LBMA Spot	Stiff support is seen at \$4000, which if hold expect mild recovery upticks.	↔
Silver LBMA Spot	While below \$60 weak bias may continue in the counter. Upside reversal point is placed at \$70.	↔
Crude Oil NYMEX	As long as prices stay above \$68 expect mild recovery rallies for the day.	↔
MCX	Technical Commentary	Outlook
Gold KG Aug	Prices remains choppy with chances for mild recovery upticks.	↔
Silver KG Jul	Choppy trading expected initially. However, upside turnaround point is seen at Rs 253000.	↔
Crude Oil Aug	As long as prices stay above Rs 7850 expect to continue upticks for the day.	↔
Natural Gas Jul	Stiff support below Rs 272 would extend selling pressure. Else mild recovery upticks expected.	↔
Copper Jul	If unable to break the support of Rs 1200, there are potential turnaround in prices.	↔
Nickel Jul	Support is placed at Rs 1550, which if cleared would extend weakness.	↔
ZincM Jul	Corrective selloffs are likely but stiff support is placed at Rs 350.	↔
LeadM Jul	Expect choppy trading but major support is placed at Rs 195.	↔
Alumini Jul	Choppy trading expected. However, major selloffs are seen only below at Rs 324.	↔

MCX TECHNICAL LEVELS

	COMMODITY	S1	S2	S3	Pivot	R1	R2	R3
BULLION	GOLD AUG6	140884	140379	139678	141585	142090	142791	143296
	GOLDM SEP6	140682	140023	139264	141441	142100	142859	143518
	GOLDGUINEA JUL6	113589	112960	112344	114205	114834	115450	116079
	SILVER SEP6	217333	216267	214729	218871	219937	221475	222541
	SILVERM NOV6	225381	224290	222857	226814	227905	229338	230429
	SILVERMIC NOV6	225407	224279	222804	226882	228010	229485	230613
BASE METALS	COPPER AUG6	1319.3	1311.7	1307.1	1324.0	1331.6	1336.2	1343.8
	LEAD AUG6	197.9	198.5	198.2	198.2	197.7	198.0	197.4
	ZINC AUG6	368.2	366.4	363.8	370.8	372.5	375.1	376.9
	ALUMINIUM AUG6	338.4	336.3	333.7	341.0	343.1	345.7	347.8
ENERGY	NATURALGAS JUL6	272.3	269.9	266.1	276.1	278.5	282.3	284.7
	CRUDEOIL AUG6	7753	7513	7291	7975	8215	8437	8677
INDICES	MCX BULLDEX	21766	10883	21766	10883	21766	10883	21766

GLOBAL BENCHMARKS

NYMEX/COMEX	100 GOLD JUL26	4004.8	3995.6	3988.6	4011.8	4021.0	4028.0	4037.2
	SILVR 5000 JUL26	55.66	54.93	54.21	56.38	57.11	57.83	58.56
	LIGHT CRUDE AUG6	80.36	77.75	75.24	82.87	85.48	87.99	90.60
	NAT GAS AUG26	2.81	2.78	2.73	2.86	2.89	2.94	2.97
	HG COPPER JUL26	6.17	6.12	6.09	6.20	6.25	6.28	6.33
LME	ZINC	3075	3131	2981	3225	3169	3319	3263
	LEAD	1856	1887	1834	1909	1878	1931	1900
	ALUMINIUM	1921	2648	1852	2717	1990	2786	2059

BULLISH 
 BEARISH 
 MLD BULLISH 
 MILD BEARISH 
 +RANGE BOUND 
 - RANGE BOUND 

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Compliance Officer

Ms. Indu K.

Geojit Investments Ltd

7th Floor, 34/659-P, Civil Line Road, Padivattom, Edapally,

Ernakulam, 682024

Kerala, India

Tele: 0484 - 400 1367/ 641 1367

Email: compliance@geojit.com

Grievance Officer

Mr Nitin K

Geojit Investments Ltd

7th Floor, 34/659-P, Civil Line Road, Padivattom, Edapally,

Ernakulam, 682024

Kerala, India

Tele: 0484- 400 1363/ 641 1363

Email : grievances@geojit.com

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